

Who is Care 2 Work for?

Care 2 Work is a free programme that can help you if you are:

- * Looking for opportunities to develop your skills, experience and make a change to your life
- * Aged 50 years or over
- * Unemployed, but NOT claiming Job Seekers Allowance (JSA). If you are in receipt of other benefits, including care allowance, that's fine
- * Caring for someone or have recently had care responsibilities. This could be a member of the family – young or old, or someone else. It could be a regular commitment or occasional caring responsibility
- * Living in the London Boroughs of Barnet, Brent, Camden or Islington

If you are not sure if you meet the criteria for Care 2 Work, talk to us to find out.

About Care 2 Work

The C2W project is a consortium of three organisations; the NHS Jobshop, Communities Into Training and Employment (CITE) and the Holy Cross Centre Trust (HCCT).

The NHS Jobshop is a job brokerage and recruitment initiative for the NHS which provides access to over 440 vacancies a year with employers in the health and care sector.

The HCCT is a registered charity which provides community support projects for up to 800 individuals a year.

CITE is a charity which seeks to transform lives by helping people to gain fulfilling employment, develop their skills and achieve their career goals.

The project is funded by the European Social Fund



NHS Job Shop



NHS Job Shop

Care 2 work*



Care 2 Work

We know that caring for somebody else can be a full-time job in itself, but have you thought of using the skills and experiences you've gained as a carer to create new opportunities for yourself?

The Care 2 Work project helps carers (or recent carers) aged 50 and above to develop skills, gain qualifications and – if they wish – work towards employment. You can use your existing experience and gain work in health care, or totally change your career direction.

Care 2 Work offers:

- * Qualifications
- * Access to jobs
- * Volunteering opportunities and work experience
- * Help with your existing care responsibilities to free you up to attend training

As a Carer, you will be used to putting other people's needs before your own. At Care 2 Work we care about your development and future opportunities.

Care 2 Work can help you to:

- * Develop your skills further
- * Gain a recognised qualification
- * Find a suitable job

You can decide precisely what you want from Care 2 Work – we will develop a customised programme for you.

- * You may want to [use your existing caring skills and experience to gain a relevant qualification](#) – we can offer you NVQ courses in Health and Social Care or more specialist courses in mental Health Care. Courses all lead to recognised qualifications and are offered at different levels according to your needs
- * You may want to [train for something totally different from Care](#) – we can offer a range of other NVQ courses or help you to get onto other suitable courses. If you want to develop your English or Maths skills first, we can help you with this too
- * Perhaps you'd like to [start thinking about employment?](#) We can help you to develop your employability and support you in applying for jobs. Care 2 Work has access to 100s of different jobs within the NHS, Care sectors and beyond

- * You may want to [take up a volunteering opportunity](#), perhaps to widen your experience or maybe just to make a change in your life and meet people – we can help you either way by providing volunteering opportunities that take account of the time you have free each week and provide you with some support for the person you are caring for whilst you are away

There are lots of ways Care 2 Work can help you to make a difference to your life. Talk to us to find out more!

Contact Details

NHS Job Shop

197 Kentish Town Road,
London NW5 2JU

Tel: 020 7530 5210

Email: jobshop@camdenpct.nhs.uk

Fax: 020 7530 5215

www.camdenhnsjobshop.nhs.uk